

RISK ASSESSMENT FOR CROSS COUNTRY RACES

Event:- _____

Assessment carried out by:- _____

Venue:- _____

Signed:- _____

Date of Event:- _____

Date of Risk Assessment:- _____

STEP 1 – List the hazards identified

STEP 2 – Recommendations for minimizing risk

STEP 3 – Action taken

<p>COURSE <i>e.g. tree roots, streams (flooding)</i></p>	<p>RECOMMENDATIONS <i>e.g. taping off area, rerouting course</i></p>	<p>ACTION TAKEN</p>
<p>STRUCTURES <i>e.g. damaged barriers, guide ropes to tents frayed</i></p>	<p>RECOMMENDATIONS <i>e.g. replace or remove</i></p>	<p>ACTION TAKEN</p>
<p>COMMUNICATIONS <i>e.g. lack of signal for mobile phones,</i></p>	<p>RECOMMENDATIONS <i>e.g. use of two way radios</i></p>	<p>ACTION TAKEN</p>
<p>OFFICIALS <i>e.g. adequate numbers,</i></p>	<p>RECOMMENDATIONS <i>e.g. briefing,</i></p>	<p>ACTION TAKEN</p>

<i>knowledge of course i.e. location of first aid</i>	<i>signage, course map</i>	
FIRST AID <i>e.g. adequate numbers, access onto and off course</i>	RECOMMENDATIONS <i>e.g. increase numbers, signage,</i>	ACTION TAKEN
CAR PARKING <i>e.g. safe access, crossing course</i>	RECOMMENDATIONS <i>e.g. rerouting access, provide signage, fluorescent vests</i>	ACTION TAKEN