

<b>CLUB</b>	<b>Shettleston Harriers</b>
<b>Key Area</b>	<b>Building Coaching Capacity</b>
<b>Key Details</b>	<p><b>Athletic session delivered since Nov 2012 = 3424 (capacity 4128)</b></p> <ul style="list-style-type: none"> <li>• Recruited 13 coaches (qualified)</li> <li>• Recruited 12 helpers (most through education in autumn)</li> <li>• Education – offer programme of first aid, child protection, TOPS and UKA</li> <li>• Must give volunteer time for full funding (athletic leader a min of 20 hours, Assistant Coach 50 hours) and for any paid coaching work.</li> <li>• Work with colleges , university and schools (in particular college students need coaching placements)</li> </ul> <p><b>Example</b> - college and local school 5/6 years will be going out with our coaches to deliver athletics in local schools next year.</p> <ul style="list-style-type: none"> <li>• Have coaching placements on club nights(ensure have mentors in place), already students at club have stayed on after placement and now come down weekly</li> <li>• Look at trends on club nights to know when to have most coaches down (for us Tuesday is our busiest night), need to keep notes of numbers</li> </ul>
<b>Further info</b>	<a href="http://www.shettlestonharriers.org.uk">www.shettlestonharriers.org.uk</a>