



Men									
			Scottish 4K Championships	Liverpool Cross Challenge	Scottish District Championships	BUPA Great Edinburgh International Cross Country/Scottish Inter-District Championships	Scottish National Cross Country Championships	Inter Counties Cross Country Championships	Total
Position	Name	Club	07-Nov-15	28-Nov-15	Various	09-Jan-16	22-Feb-16	06-Mar-16	
1	Andrew Butchart	Central AC	50	50	50	0	50	0	200
2	Alexander Hendry	Central AC	16	24	43	24	30	43	180
3	Michael Ferguson	Aberdeen AAC	30	8	0	30	33	50	151
4	Andrew Douglas	Inverclyde AC	0	33	0	50	43	0	126
5	Mark Mitchell	Forres Harriers	0	0	50	33	36	0	119
6	Ben Stevenson	Falkirk Victoria Harriers	27	22	33	0	0	36	118
7	Scott Stirling	Falkirk Victoria Harriers	0	14	27	10	8	33	92
8	Dale Colley	Central AC	24	14	0	20	0	27	85
9	Kyle McLellan	Ron Hill Cambuslang	20	0	50	14	0	0	84
10	John Newsom	Inverness Harriers	0	0	43	12	20	0	75
11	Will Mackay	Aberdeen AAC	0	0	18	8	18	30	74
12	Max McNeill	Lothian RC	18	20	36	0	0	0	74
13	Sean Chalmers	Inverness Harriers	0	30	0	43	0	0	73
14	Lachlan Oates	Shettleston Harriers	0	0	30	18	24	0	72
15	Alastair Hay	Central AC	43	27	0	0	0	0	70
16	Jonny Glen	Inverclyde AC	33	0	0	36	0	0	69
17	Tewoldeberhan Mengisteab	Shettleston Harriers	36	0	0	0	27	0	63
18	Kamil Sieracki	Shettleston Harriers	0	18	0	27	0	0	45
19	Ross Houston	Central AC	0	0	30	0	14	0	44
20	Luke Traynor	Giffnock North	0	43	0	0	0	0	43



Women		2010/11	Scottish 4K Championships	Liverpool Cross Challenge	Scottish District Championships	BUPA Great Edinburgh International Cross Country/Scottish Inter-District Championships	Scottish National Cross Country Championships	Inter Counties Cross Country Championships	Total
Position	Name	Club	07-Nov-15	28-Nov-15	Various	09-Jan-16	22-Feb-16	06-Mar-16	
1	Anglea Richardson	Fife AC	8	0	36	30	22	33	129
2	Freya Ross	Edinburgh AC	18	0	43	22	33	0	116
3	Rosie Smith	HBT	0	24	0	0	36	50	110
4	Eilidh Mackenzie	Stornoway RAC	0	0	50	33	20	0	103
5	Michelle Sandison	Springburn Harriers	22	16	50	14	0	0	102
6	Fiona Rudkin	Metro Aberdeen	27	0	24	20	24	0	95
7	Fionnuala Ross	Shettleston Harriers	0	0	0	50	43	0	93
8	Laura Muir	Dundee Hawkhill	50	43	0	0	0	0	93
9	Lesley Chisolm	Garscube Harriers	0	0	43	27	18	0	88
10	Stephanie Pennycook	Edinburgh University	30	22	0	36	0	0	88
11	Beth Potter	VPCOG	0	36	0	0	50	0	86
12	Rachael Dunn	Edinburgh AC	14	14	22	0	0	36	86
13	Ellie Buchan	Aberdeen AAC	22	0	18	10	10	24	84
14	Fanni Gyurko	Central AC	0	0	33	18	30	0	81
15	Madeline Murray	Edinburgh AC	43	30	0	0	0	0	73
16	Josephine Moultrie	VPCOG	36	33	0	0	0	0	69
17	Mhairi MacLennan	Inverness Harriers	0	18	0	43	0	0	61
18	Louise Mercer	Edinburgh University	0	12	0	6	0	43	61
19	Steph Twell	Aldershot Farnham & District	0	50	0	0	0	0	50
20	Rachel Haines	HBT	0	0	50	0	0	0	50